

## Long COVID Physio International Forum Programme Day 1

Day 1 Opens 13:00 UTC

Sacramento 06:00 (UTC-7), Toronto 09:00 (UTC-4), New York City 09:00 (UTC-4)

London 14:00 (UTC+1), New Delhi 18:30 (UTC+5.30), Sydney 23:00 (UTC +10)

### Friday 9<sup>th</sup> September 2022

13:00 UTC	Forum open and day 1 welcome
13:15 UTC	<b>Keynote:</b> Dr Emma Stokes
13:45 UTC	<b>Science:</b> Health systems and rehabilitation care
14:15 UTC	Comfort break
14:30 UTC	<b>Discussion:</b> What is safe Long COVID rehabilitation?
15:15 UTC	Comfort break
15:30 UTC	<b>Science:</b> Post Exertional Symptom Exacerbation (PESE)
16:00 UTC	Comfort break
16:15 UTC	<b>Workshop:</b> Pacing
17:30 UTC	Sponsor Presentations
17:45 UTC	<b>Discussion:</b> Long COVID, disability and bias
18:45 UTC	Day 1 highlights and close 19:00 UTC

## Long COVID Physio International Forum Programme Day 2

Day 2 Opens 12:00 UTC

Sacramento 05:00 (UTC-7), Toronto 08:00 (UTC-4), New York City 08:00 (UTC-4)

London 13:00 (UTC+1), New Delhi 17:30 (UTC+5.30), Sydney 22:00 (UTC +10)

### Saturday 10<sup>th</sup> September 2022

12:00 UTC	Day 2 open and welcome
12:15 UTC	<b>Keynote:</b> Dr David Putrino
12:45 UTC	<b>Science:</b> Current landscape of Long COVID research
13:15 UTC	Comfort break
13:30 UTC	<b>Discussion:</b> Long COVID Kids
14:15 UTC	<b>Sponsor Presentation</b>
14:30 UTC	<b>Workshop:</b> Testimonial injustice and empowering conversations in healthcare
15:30 UTC	Comfort break
16:00 UTC	<b>Science:</b> Episodic Disability
16:30 UTC	<b>Workshop:</b> Daily activities and work
17:30 UTC	Comfort break
17:45 UTC	<b>Discussion:</b> Orthostatic intolerance, dysautonomia and POTS
18:30 UTC	Day 2 highlights and forum close 19:00 UTC